



Center for Workforce
Excellence in EBPs

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Introduction to Evidence Based Practices (EBPs) for CFTSS Providers

June 6, 2023 Kick Off Webinar



Department
of Health

Office of
Mental Health

Office of Addiction
Services and Supports

Office of Children
and Family Services



Agenda

- Introduction
- Timeline
- Eligibility
- Funding
- Training and Credentialing
- Evaluation
- EBPs: FFT & PCIT
- What's Next?
- Q&A





Introduction to CWE Initiative:

- NYS is excited to announce a new project for the inclusion of Evidence Based Practices (EBPs) within Children and Family Treatment and Supports Services (CTFSS) programs through the Center for Workforce Excellence (CWE)
- The CWE is leading the EBP rollout under CFTSS on behalf of all state partner agencies: OMH, DOH, OASAS, OCFS.
- The first two EBPs will be Functional Family Therapy (FFT) and Parent-Child Interaction Therapy (PCIT)
- Training for both EBPs will be launched Fall 2023
- There will be additional cohorts of PCIT and FFT on an ongoing basis
- It is anticipated that there will be additional EBP rollouts coming soon





Timeline

- **Informational Webinars**
 - Functional Family Therapy (FFT): 6/14 at 9:30am
 - Parent-Child Interaction Therapy (PCIT): 6/14 at 11am
- **Application launch**
 - After EBP informational webinars
- **Office hours**
 - 6/22 at 12pm
- **Application due date**
 - 7/10
- **Notification date**
 - Early/mid August
- **Staff training begins in Fall 2023**





Eligibility

- Providers designated for OLP and CPST are eligible to apply to participate in one or both EBP rollouts
 - The same staff member within an agency cannot participate in both rollouts
- Each EBP has specific staffing and population served requirements
- Providers will need to complete the application in order to participate
- Providers will be expected to have families available as soon as the initial training is complete





Funding

- All training and credentialing costs will be covered by CWE, including training costs for replacement staff
- NYS DOH will be announcing EBP-specific enhanced rates that cover reduced caseloads, increased supervision requirements, and other associated costs
- Agencies are eligible to bill the enhanced rate as soon as staff complete the initial training



Training and Credentialing

- Each EBP will have specific training requirements for both staff and supervisors
- Participating agencies will be expected to participate in all required trainings and consultation
- Upon the completion of all required training and consultation, each participating program/clinician will be eligible to be credentialed in the appropriate practice
- Participation includes completion to credentialing





Evaluation

- CWE will be conducting a robust evaluation of this initiative
- Agencies will be expected to participate in brief evaluation surveys at regular intervals
- There will be 3 Learning Community sessions over the course of the project timeline



Functional Family Therapy (FFT)

- **Population Served**
 - 10-18 years old
 - Considered at-risk or have been referred for behavioral or emotional problems
- **Training Prerequisites**
 - Master's degree in social work, counseling, education or other relevant human service profession, with two years experience in children and family services
- **Training Requirements**
 - Complete training and supervision requirements
 - Carry a caseload of 10 to 15 families
 - Report case progress through CSS system
- **Treatment Approach**
 - FFT works with a young person's entire family and extrafamilial influences to facilitate positive growth and development
 - 8-26 weeks
- **Team-based approach**





Parent-Child Interaction Therapy (PCIT)

- **Population Served**
 - 2-7 years old
 - Children with emotional and behavioral health disorders
- **Training Prerequisites**
 - Master's degree or higher in a mental health field and be an independently licensed mental health service provider (or be working under the supervision of a licensed mental health service provider)
- **Training Requirements**
 - Complete training and supervision requirements
 - Served as therapist for a minimum of 4 PCIT cases, and as primary therapist or supervisor on at least 2 cases
 - Complete skill review (recorded or live supervised sessions)
- **Treatment Approach**
 - Works to improve the quality of the parent-child relationship and changing parent-child interaction patterns by teaching parents relationship enhancement or discipline skills that they will be practicing in session and at home with their child
 - Therapists coach from an observation room or through live video feed using a “bug-in-the-ear” system for communicating to the parents as they play with their child.
 - Treatment is not session-limited; families graduate from treatment when parents demonstrate mastery of skills and rate their child's behaviors as being within normal limits.
- **Individual training-based approach**





What Comes Next?

- 6/14 FFT Webinar & PCIT Webinar
- Applications launch after the 6/14 webinars
- 6/22 Live Office Hours
- Applications Due: 7/10
- Notifications expected in early/mid August
- Staff training starts Fall 2023





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Q&A

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<https://www.centerforworkforceexcellenceinebp.org/>



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